

Letters I Meant to Write

A Journey of Self Love & Reflection

Past, Present & Future



NAME: DATE:

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This journal is your space to honor the past, embrace the present, and dream for the future - gentle love letters to yourself. May these pages remind you that your journey is always unfolding with love and grace.

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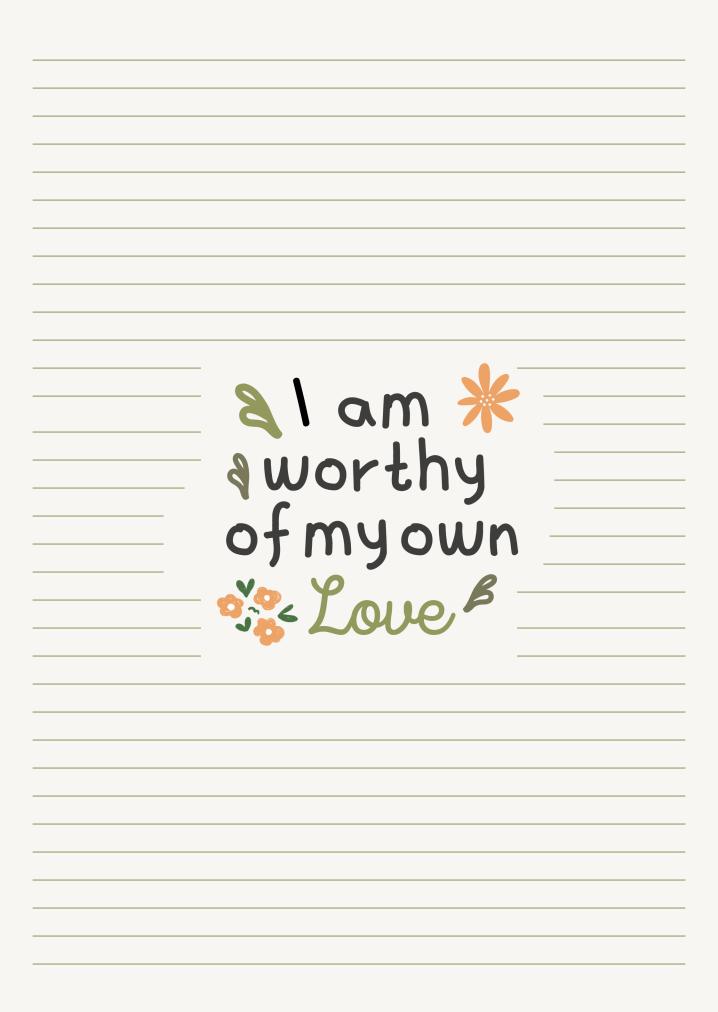
LETTER TO YOUR Past Self }

- **♥** What do you want to thank your past self for?
- **♥** What pain or mistakes do you want to forgive?



♥ What would you tell them now, knowing what you know today?

Dear Past Me		



- LETTER TO YOUR Present Self :-

- ₩ How can you appreciate who you are right now?
- **♥** What do you love about yourself today?
- **♥** What reminders do you need to hear every morning?

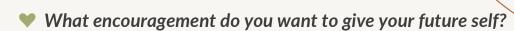


Dear Present Me		



LETTER TO YOUR Future Self :-





₩ What do you hope they'll never forget about you today?

